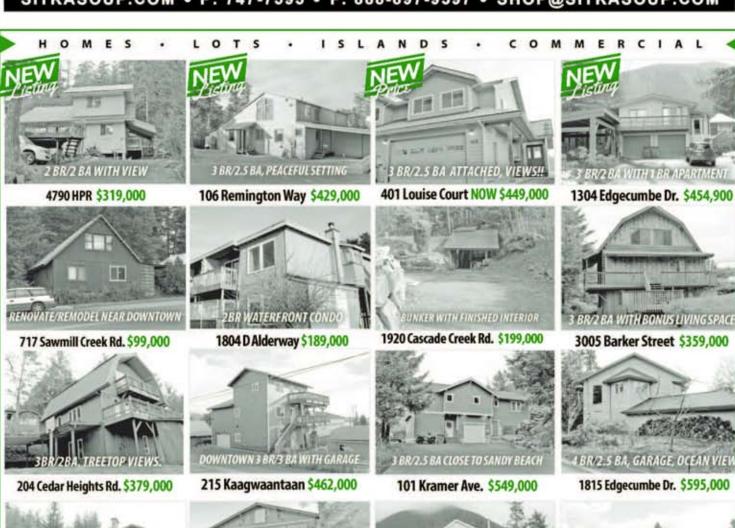


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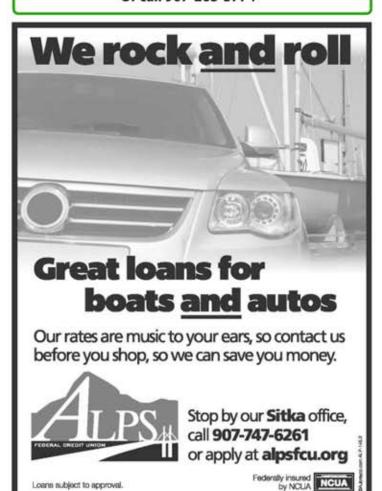
The culinary team at SEARHC is working on new menus and new programs for its patients and customers.

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Our Town March 8, 2018

Originally published 3/13/08

The truth is, the Soupster was already in a terrible mood when he stopped at the store on his way home. And when he walked from his car to the front door of the supermarket, the Soupster made the mistake of looking up at the big road-side message board. He froze, muttered to himself and jumped to conclusions.

"Don't," the sign read and the Soupster, absurdly, took the message personally.

"Don't what?" he growled. "Just spewing negativity with complete abandon? Typical. That's the trouble with the world. Everywhere it's `Don't!'"

The Soupster took hold of the door handle, but then let go of it, took a step back and turned to face the sign. Like a person with one of those cell-phone earpieces, he spoke to the air.

"Look at that," he said, his voice loud enough for passersby to hear, and pointing to the empty ladder up to the road sign. "Nobody is even there! They just put 'Don't!' in your face and then they walk away – probably on one of their frequent breaks. 'Don't what?' I'd like to know."

The Soupster stopped spouting long enough to see a woman carrying a grocery bag give him a pitying stare and a wide berth.

Inside the store, he tried to ignore the "0 trans fat" and "Gluten free" signs. The "fortified with Omega-3" and "Acidophilous added" did not make him feel any more positive. A funk is a funk is a funk.

The Soupster tried to raise his spirits by remembering a pretty little city park he had once come across during travels in the Lower 48. A sign at the entrance had said: "Picnic, fly a kite, roller-

The Soupster wonders if someone is pulling his leg.

blade, sunbathe, jog, dance" and so on. All the things you were supposed to do, instead of the "No dogs!" and "Keep Out!"

And his mood did lighten, buoyed as well by the checker's friendly interest in what he was buying. But when the Soupster walked out the door, he saw the road sign had changed.

"Don't Go Home." it now said.

The Soupster got back into his car, stunned. "Don't Go Home?" He was going home. Until now, he had been perturbed. But on the road back to his house, the Soupster felt angry.

"What kind of sick joke is that store playing on people?" "Is it even possible the sign was meant specifically for me?" "Why shouldn't I go home?" The Soupster's mind raced.

Two doors from his house, the Soupster pulled over to the side of the road. "Even if the sign has nothing to do with me, it is irresponsible to make people wonder if something is wrong at their home," the Soupster stewed.

"That's mean," he decided and turned his car around in the direction of the store. The Soupster wasn't sure who he was going to talk to or what he was going to say to them, but he was going to say something to somebody to straighten the responsible parties right out!

But as he neared the store, he realized at once that he would do none of that. For the sign had changed again.

Now it read: "Don't Go Home Until You Try One of Our New Mango Shakes!"

Where's The Soup?

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One week before the Printed Soup

Arts & Music

Monthly Grind 23rd Season!

The Sitka Monthly Grind announces its 23rd season of non political, family oriented, and affordable entertainment. This seasons schedule is as follows. 7 October Alaska Day Grind at the Sheet Ka Kwann Naa Kahidi Community House. November 3 Whalefest Grind at Harrigan Centennial Hall. December 9 the Grind Ole Opry at the Sheet Ka Kwann Naa Kahidi Community House, 2018 - January 13 Youth Grind at the Sheet Ka Kwann Naa Kahidi Community House. February 17 Fiddle Grind at the Sheet Ka Kwann Naa Kahidi Community House. March 17 Original Grind Sitka Performing Arts Center. April 14 Interactive Grind II at the Sheet Ka Kwann Naa Kahidi Community House. All shows start at 7pm except the Whalefest Grind which starts

at 7:30. For more information contact Ted 747-5482 or Jeff 747 4821.Ad#36459a

Wearable Arts Ride Again!

It is time for the Greater Sitka Arts Council 10th annual Sitka Wearable Art Show, two shows March 10th. This is an invitation to Sitkans to enter a piece, deadline Feb 25th, Go to www.sitkaarts council.org. for complete information and registration form or email Jeff at jbudd3500@gmail.com with questions or call 747 4821. Important dates: March 9th dress rehearsal at the Centennial Building, Two shows - Sat March 10th, 3pm matinee and 7pm evening show. Registration is due February 25th with music, the registration form has that information, plus your 75 words or less, and 2 1/2 minutes max on the runway. Read the application carefully. Also consider

wearing one of your past pieces in the show or finding a model for them. We are excited about year number 10 - the idea is to celebrate the 10th year of Sitka Wearable Art. We are also looking for pieces to display in the shops downtown - please let Jeff know how to get those if you have any to display or any questions. A big thank you to our main sponsors Alaska Airlines and SEARHC.++1 Ad#2595a8

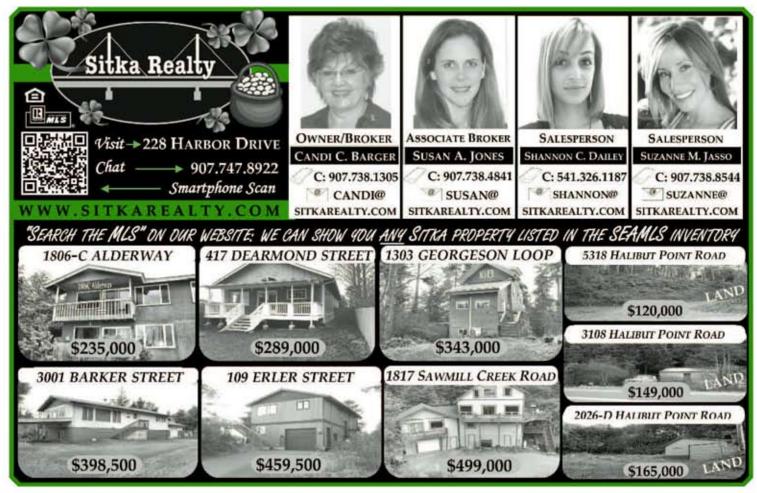
Black Tie Chandelier Art
Auction – Get in your Sitka
Finery and come to the
Sheetka Kwan Naa Kahidi
House on Saturday, March 31
at 6:30 pm. Enjoy live music
& gourmet Hors d'oeuvres.
Join in the fun of bidding on a
piece of Sitka history for your
very own. Local artists have
magically transformed the
former Centennial Building
chandeliers into??? Come &
see! There will also be locally
created art available at a

silent auction. All proceeds to benefit Sitka Pregnancy Center. Ad#8955a9

The Greater Sitka Arts
Council presents the 10th
annual Sitka Wearable Art
Show, March 10th at the
Harrigan Centennial Hall - two
shows March 10th, 2pm and
7pm. Tickets are available at
Old Harbor Books. For more
information call Jeff at 747
4821 or email the Arts Council
at thinkartthinksitka@gmail.co
m. Ad#965a985

Children

Sitka National Historical
Park's Preschool Storytime
Parents and tots, join
park rangers for a story
about totem poles during
Preschool Storytime at
Sitka National Historical
Park. The park's storytime will
be held on Friday, February
23rd at 10:00 a.m at the
Visitor Center. We will read



a story and, to celebrate Engineers Week, learn about the process of raising a totem pole, and create a totem pole craft! Youth must be accompanied by a parent or guardian for the duration of the program. For more information please call (907) 747-0110. Ad#725a8a

Mt. Edgecumbe Hospital keeps newborns safe with Hugs and Kisses® Implementation of Hugs Wi-Fi Infant Protection Solution along with its Kisses Mother/ Infant Matching provides additional security, increased safety, and improved patient experience Mt. Edgecumbe Hospital (MEH) recently installed and deployed the Hugs Wi-Fi Infant Protection solution, along with the matching mother/infant component of the Hugs system: Kisses® Mother as an additional layer of security in its Labor and Delivery Department. The Hugs technology is a comprehensive infant security system that protects newborns against

Ed. Note: Classified Ads & PSAs often are edited in the printed Soup, but the full ad or PSA is listed online. See Ad#s at the end of nearly all the ads.

the risk of abduction not only in the Labor and Delivery Department but anywhere in the hospital covered by Wi-Fi. Each infant wears a tiny Hugs Wi-Fi tag on his or her ankle attached with a special tamper-detecting band. Protection of the baby begins immediately once the tag is attached. The Hugs system provides some unique benefits including hospital-wide infant security by monitoring all exits. The status and location of infants can be tracked anywhere within the hospital's Wi-Fi coverage, and exits remain protected even if communication to the hospital's server is temporarily interrupted. And, infants detected outside the Labor and Delivery unit with no record of a staff member transporting the baby to another area of the hospital automatically triggers an alarm. MEH also added the Kisses® component of the Hugs system to match newborn babies to their mothers automatically to further augment security for each infant. Each mother receives a Kisses tag which is programmed to be "bonded" with her baby's Hugs tag to wear around her wrist. Whenever the two tags meet anywhere in the hospital, the Hugs tag checks for a proper match to the individually programmed Kisses® tag worn by the baby's mother.

When a match is verified, the tags make a specific sound letting staff know the infant is with his or her mother. Charles Clement. SouthEast Alaska Regional Health Consortium President, and CEO said, "SEARHC takes our patients' safety, security, and protection seriously, and protecting the infants born at Mt. Edgecumbe Hospital is critically important. Providing Hugs and Kisses as an additional safeguard to the newborns in our care is just one of the recent upgrades we have implemented at MEH. and our staff continues to seek innovative solutions. educational opportunities, and technology to advance the medical care and experience we provide to our patients." Ad#1065a7 NOTICE TO ALL PARENTS of Kindergarteners for

the 2018-2019 school year! If your child will be attending kindergarten next school year registration for your kindergartener starts now. Registration forms are available at Baranof Elementary or you can request one by email at warrenel@s itkaschools.org. We will also need a copy of your child's birth certificate or passport and current immunization records. The budgeting process has begun and it is very important to know how many new students to plan for next year so your help is greatly appreciated! Please turn in registration packets by March 28th for class placement beginning the week after. Baranof Elementary School will also be having a Kindergarten "Sneak Peek" on Wednesday. March 28th from 2:00 - 3: 00 PM. This is for upcoming kindergarteners for the 2018-2019 school year to visit along with their families, preschools, and/or daycare centers. During



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Dr. Bland will be practicing the month of March 2018.

Dr. Donovan Bland, board certified general surgeon, became a physician because it allows him to help others. He chose General Surgery because it was a surgeon who helped Dr. Bland's mother become a breast cancer survivor.

His philosophy is if you take good care of people, they will come back to you. He is committed to doing the best he can and doing what is right for the patient.

Dr. Bland treats his patients as he would want his family treated and believes this comes across to his patients through his care.

As a surgeon, he uses minimally invasive techniques whenever appropriate. These "laparoscopic" procedures use small holes instead of large incisions which typically mean less pain and scarring for the patient.

In his free time, Dr. Bland likes to hike with his dogs, enjoys making and flying kites, restoring furniture, water color painting and photography.

Medical Degree:

University of Connecticut Farmington, CT

Residency:

General Surgery Baystate Medical Center Springfield, MA

Internship:

General Surgery Baystate Medical Center, Springfield, MA

Professional Memberships:

Certified by the American Board of Surgeons

American College of Surgeons: Associate Fellow

Society of American Gastrointestinal Endoscopic Surgeons, Candidate the sneak peek, you can visit different classrooms, talk with teachers, do a scavenger hunt to get to know our school, and meet other school staff. The office will be open during this time for registration as well. We hope to see you there! Ad#7295a95

Fine Arts Camp - A few Fine Arts Camp classes are filling up fast.

Kenwa Karate of Sitka welcomes new students to join karate. Classes for those ages 7 to adult are offered at 5: 10 p.m. Mondays, 6:00 p.m. Wednesdays, and 9:00 am Saturdays. Little Dragons class for ages 4-6 is held on Wednesdays at 5:15pm. The dojo is located at the New Archangel Dancers Studio (208 Smith Street). For more about karate please visit www.sitkakarate.org or contact Sensei Laurinda Marcello at 738-2887.Ad#8325a4c

Spring Break Activities at the PEAK Program - The PEAK Enrichment Program announces that PEAK will be open for students during Spring Break, Monday-Friday, March 12-16, from 7:30AM-5:30PM. PEAK is open to all children ages 5 to 13, who live in Sitka or are visiting Sitka. PEAK students engage in a variety of educational lessons that promote STEAM activities. (Science, Technology, Engineering, Art, Math) Activities. The spring break theme: knights, dragons, and wizards. Projects will include: armor construction, glow in the dark experiments, archery painting, catapult physics, jousting,

design light up wands, dragon egg hunt, experiments and potions, outside games, hiking, and many more activities. Registration paperwork can be emailed and is available at the PEAK Program. Full-time and part-time rates are available. Please contact Karla Horner Raffaele at 747-6224 or email – peakprogramsitk a@gmail.com for additional information. Ad#7645a99a



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(C)







Appetizers
1. Spring Rolls (2)\$2.95 Deep fried rolls stuffed with vegetables.
2. Fresh Roll (1)
3. Crab Wonton (6)\$8.95 Fried crispy wontons stuffed with a rich crab & cream cheese combination, served w/ plum sauce.
4. Fried Chicken Wings\$7.95 8 Deep fried chicken wings served w/sweet & sour sauce.
5. Egg Roll (1)\$2.50 Deep fried chicken-with-vegetables roll.
6. Coconut Prawns (5)
7. BBQ Slices\$8.95
8. Pot stickers (10)
9. Combo Platter
Korean BBQ
Served with steamed rice and salad 1. Kal Bi\$17.95
Broiled beef short ribs in special sauce.
2. Bul Go Ki
Soups
1. Egg Flower Soup\$6.95
2. Wonton Soup\$7.95
3. Hot & Sour Soup\$8.95
4. Chicken & Corn Soup\$7.95
Salads
1. Prawn Salad\$9.95 Grilled prawns w/cucumber, lettuce, tomatoes &
2. Beef Salad\$9.95 Grilled beef w/cucumber, lettuce, tomatoes &
onions. 3. Chicken or Pork Salad\$9.95
Grilled chicken or pork w/cucumber, lettuce, tomatoes & onions.
4. Chef's Salad
Thai Curries
Served with steamed rice. Add \$2 for prawns
Red Curry

2.95	2. Yellow Curry
	shoots & bell pepper,
2.95	3. Green Curry
mous	cooked in a green curry w/ coconut milk, bamboo shoots & bell pepper.
8.95 uce.	4. Mas-sa-man Curry
7.95	choice of chicken, beef, pork, prawns or tofu, stewed w/ coconut milk, onion, potatoes & peanuts.
our	, see a see
2.50	Noodles
9.95	1. Phad Thai\$12.95
fried	Oh my gosh, these are the most popular Thai noodles! Stir fried thin rice noodles w/egg, ground peanuts, tofu, bean sprouts & your choice of
8.95	chicken, beef, pork or tofu.
7.95 erved	
erveu	 Lo Mein (Soft steamed noodles mixed w/ meat & vegetables)
2.95	Vegetable Lo Mein\$10.95
	Chicken Lo Mein\$10.95
	Pork Lo Mein \$11.50
	Beef Lo Mein
	House Special Lo Mein\$14.95
	(Mixed w/chicken, roast pork & shrimp)
17.95	
15.95	Rice Dishes
ce.	Add \$2 for prawns
	Fried Rice
6.95	2. Yellow Curry Fried Rice
7.95	Rice stir fried in a yellow curry w/ pineapple, mixed vegetables, your choice of chicken, beef, prawns,
8.95	pork or tofu\$9.95
7.95	3. Pineapple Fried Rice Rice stir fried w/egg, pineapple, mixed vegetables, your choice of chicken, beef, prawns, pork or tofu\$9.95
	4. Chili Fried Rice\$10.95
9.95 &	Rice stir fried w/red & green chili, your choice of chicken, beef, prawns, pork or tofu.
9.95	1
,5.55	Lunch Specials
9.95	(11 ^{am} -3 ^{pm} only)
10.95 oles,	Served with Steamed Rice
sing.	1. Phad Thai\$10.95
	The most popular Thai noodles! Pan fried thin rice noodles w/egg, ground peanuts, bean curd, bean sprouts & your choice of chicken, pork, beef or
\$	tofu. Add \$2 for prawns 2. Red Curry\$10.50

oked in a yellow curry w/ coconut milk, bamboo oots & bell pepper.	
Green Curry	95
Mas-sa-man Curry	
Noodles	
Phad Thai\$12.5	95
my gosh, these are the most popular Thai odles! Stir fried thin rice noodles w/egg, ground anuts, tofu, bean sprouts & your choice of cken, beef, pork or tofu.	
Lo Mein	
ft steamed noodles mixed w/ meat & vegetable	3.7
getable Lo Mein	95 50 50 95
Rice Dishes	
Add \$2 for prawns	
Fried Rice\$9.5 e stir fried with egg, mixed vegetables, your pice of chicken, beef, prawns, pork or tofu.	95
Yellow Curry Fried Rice e stir fried in a yellow curry w/ pineapple, mixed getables, your choice of chicken, beef, prawns, rk or tofu	
Pineapple Fried Rice Rice stir fried w/egg, neapple, mixed vegetables, your choice of chicke ef, prawns, pork or tofu	n,
Chili Fried Rice	95

Lunch Specials (11am-3pm only)

2. Red Curry\$10.50 Your choice of chicken, pork, beef or tofu cooked in red curry w/coconut milk, bamboo shoots & bell pepper. Add \$2 for prawns

3. Yellow Curry\$10.50 Your choice of chicken, pork, beef or tofu cooked in yellow curry w/coconut milk, onion, potatoes & peanuts. Add \$2 for prawns

Shrimp w/vegetables & hot & spicy Szechuan sauce. 9. Cashew Shrimp\$14.95 Stir fried shrimp w/vegetables & cashew nuts. 4. Garlic.....\$10.95 Stir fried chicken, pork or beef marinated w/garlic & white pepper sauce. Add \$2 for prawns or squid 5. Cashew Nut Chicken\$10.50 Sautéed chicken with cashew nuts, red & green pepper, onion, carrots, celery & chili paste. 6. Sweet & Sour\$10.95 Stir fried cucumber, tomatoes & pineapple w/ choice of chicken, pork, beef or tofu in sweet & sour sauce. Add \$2 for prawns 7. Mixed Veggie Deluxe\$10.50 Stir fried mixed vegetables with your choice of chicken, pork, beef or tofu in oyster sauce. Add \$2 for prawns 8. Ginger Beef\$10.95 Stir fried beef, fresh ginger & onion in brown sauce. 9. Kal Bi\$11.95 Broiled beef short ribs in special sauce. 10. Bul Go Ki\$11.50 Sliced beef marinated & broiled in our own sauce.

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1. Beef Brisket\$10.50 2. Meat Balls\$10.50 3. Shrimp\$11.50 4. Beef Tendon.....\$10.95 5. Vegetable & Tofu\$10.50 6. Vegetables Only (without meat)\$9.95 7. Chicken.....\$10.50 8. Seafood (Shrimp, Scallop, Squid)\$13.95

> Seafood Dishes Served with steamed rice

1. Garlic Prawns\$14.95

2. Fried Prawns\$14.95

3. Sweet & Sour Prawns\$14.95 Deep fried prawns topped w/pineapple, tomato,

4. Spicy Prawns\$14.95 Stir fried prawns w/vegetables & chili paste.

5. Spicy Squid\$14.95

6. Spicy Scallop\$14.95 Stir fried scallop w/vegetables & chili paste.

7. Kung Pao Shrimp\$14.95 Diced shrimp & vegetables sauteed in hot spicy sauce. 8. Szechuan Shrimp\$15.50

Stir fried prawns w/garlic & vegetables.

Deep fried prawns served w/plum sauce.

Stir fried squid w/vegetables & chili paste.

onion and sweet & sour sauce.

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Beef Dishes

Served with steamed rice

1. Beef with Oyster Sauce\$13.95

2. Kung Pao Beef\$13.95

Diced veggies, beef, spicy sauce, w/toasted peanuts.

Stir fried beef w/broccoli & oyster sauce.

 Cashew Nut Beef	
4. Ginger Beef Sliced beef, sliced ginger, onion & green person sautéed in hot, spicy sauce.	
5. Mongolian Beef	\$13.95 auce.
6. Szechuan Beef Sliced beef w/vegetables & hot, spicy Szec sauce.	
7 Pannar Stack	\$12.05

Vegetables & Tofu

Sliced beef sautéed w/green peppers.

Served with steamed rice.

1. Mixed Veggie Deluxe\$10.50

Fresh mixed veggies sautéed in a zesty sauce.
2. Broccoli with Oyster Sauce\$10.50 Stir fried broccoli, carrots, onions & oyster sauce.
3. Cashew Nut with Tofu\$11.95 Stir fried tofu w/vegetables & cashew nuts.
4. Sweet & Sour Tofu\$10.50 Deep fried tofu w/sweet & sour sauce & vegetables.
5. Spicy Tofu\$11.50 Stir fried tofu w/chili paste & vegetables.
6. Ginger Tofu\$10.90 Stir fried tofu w/ginger and vegetables.

Pork Dishes

Served with steamed rice

1. Sweet and Sour Pork\$11.50

Fried pork w/pineapple, sweet & sour sauce.

	4
2. Pork w/ Orange Sauce Fried pork w/vegetables & orange sauce.	
3. Ginger Pork	
4. Kung Pao Pork Diced pork & vegetables sauteed in hot s	\$12.50 picy sauce.

American Favorites

A Delicious Healthy Selection

Served with French Fries

Palace Burger	
Cheese Burger	
3. Spicy Burger	ato,
4. Fish & Chips\$ Breaded fish with French fries & tartar sauce	
5. Chicken Strips	

5. Szechuan Pork		\$12.95
Pork with vegetables	in hot spicy Szachuan i	OULCO

Chicken Dishes

Served with steamed rice

1. Cashew Nut Chicken\$12.50

Stir fried chicken w/vegetables & cashew nuts.
2. Orange Sauce Chicken\$12.95 Stir fried chicken w/vegetables & orange sauce.
3. Ginger Chicken
4. Sweet & Sour Chicken
5. Oyster Sauce Chicken\$12.95 Stir fried chicken w/veggies and oyster sauce.
6. Kung Pao Chicken
7. Mongolian Chicken
8. Szechuan Chicken
9. Moo Goo Gai Pan\$12.50 Chicken meat sautéed w/vegetables.
10. General Tao's Chicken\$10.95 Crispy sliced chicken breast w/special hot sauce.
11. Sesame Chicken

Kid's Menu

Served with steamed rice or french fries (12 years & younger only, no substitutions allowed)

1. Chicken Nuggets	\$6.95
2. Chicken Wings	\$6.95
3. Sweet & Sour Pork	\$6.50
4. Sweet & Sour Chicken	\$6.95

Desserts

1. Cheese Cake	\$5.95
2. Mochi Ice Cream (3)	\$6.95
3. Tempura Ice Cream	

Beverages

Regular Coffee or Hot Tea	\$2.50
Iced Tea	\$2.50
Hot Chocolate	\$2.50
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Wine available	\$6.50/glass

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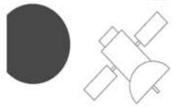
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Historical Society

The Sitka Historical Society announces a speaker's series for the run up to the Grand Opening of the New Sitka History Museum located in the Harrigan Centennial bldg. The first presentation will be March 14th, 7pm at the Sitka National Historical Park with Mark Sixby; his topic is "Strung: Merging Traditional Art and Lutherie". Bob Sam will speak on

Museums March 28th at the Sitka National Historical Park. In April the speakers will be at the Sitka Library with Angie Bowers from the Sitka Sound Science Center April 11th, Mrs. Mercado and Mrs. Shuler, Sheldon Jackson High school graduates, and April 25th, and Dan Henry speaking on his new book Across the Shaman's River: John Muir, the Tlingit Stronghold, and the Opening of the North. All presentations begin at 7pm. For more info call Jeff at

New DVD Releases

Released March 6

The Man Who Invented | Wonder Wheel . PG-13 Christmas......PG | Trophy.....NR

To Be Released Week of March 13

Ferdinand......PG
Kickboxer:
Retaliation......PG-13
I, Tonya.....R

The Shape of
Water.....R
The Disaster
ArtistR



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Local Food

Do you think you have a great idea for a food business or product from Sitka? The Sitka Local Foods Network is launching the inaugural Sitka food business innovation contest in an effort to spark local food entrepreneurs so we can make more local food available to residents and visitors. This contest will provide two \$1,500 kicker prizes - one for established food businesses and one for start-up businesses (no older than two years) - to help entrepreneurs launch or expand their food businesses. The contest is open to food businesses and individuals making and selling food products in Sitka. All food business ideas must be geared toward getting more locally grown, harvested and/or produced food into the Sitka marketplace through

sales in grocery stores, the Sitka Food Co-Op, the Sitka Farmers Market, restaurants, or individual marketing (such as a community supported agriculture/CSA or community supported fisheries/CSF program), sell at the market through St. Peter's Fellowship Farm, and provided a garden education program to residents.Participants in this contest are eligible and encouraged to enter other food business innovation contests, such as the Path To Prosperity or Symphony of Seafood contests. All participants retain the proprietary rights to their products and ideas. This contest is open to new and existing food businesses in Sitka. Student businesses (such as those fostered by Junior Achievement or similar programs) are welcome. There is a small \$25 entry fee for this contest. All participants (business and individual) must complete and submit

our contest entry form by 5 p.m. on Friday, April 6, 2018 (by snail mail so it arrives before the deadline to Sitka Local Foods Network, Food Business Innovation Contest Entries, 408-D Marine Street, Sitka, Alaska, 99835, or by email with the Subject Line of "Food Business Innovation Contest Entries" to sitkaloca Ifoodsnetwork@gmail.com). Submitting a business plan (up to 20 pages) is recommended, but not required. Our entry form will have room for you to describe your food business idea in a few paragraphs, but submitting a business plan will give you more room to outline your plans for funding and marketing the idea and will help your overall score. Judging will be based on how your food business idea provides new local food options in Sitka, how novel is your food business idea, how

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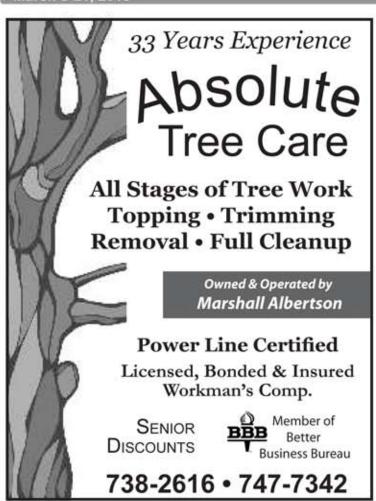
RE/MAX Baranof Realty

Travis Vaughan, owner/broker 747-5636









feasible is your food business (can it make a profit and be sustainable), and how professional is your presentation. epending on the number of entries and iPeople's Choice Award (this will be separate than the two main prizes selected by our judging panel). We are hoping to find a sponsor for the People's Choice Award. Ad#6835a7

Marine



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AMSEA will conduct a first aid, CPR, and AED workshop in Sitka on Fri March 16. 8AM to 4PM at the NSRAA, 1308 Sawmill Creek, DeVynarae Meeder, will cover CPR & automatic external defibrillators; treatment of choking; medical emergencies; trauma; environmental hazards; patient assessment; medical communications; drowning & hypothermia; and common fishing injuries. Attendees will receive a U.S. Coast Guard accepted, two-year certificate issued by the American Safety & Health Institute. The cost for the workshop is \$100. including sales tax. Register online atamsea.org or call (907) 747-3287. Ad#6265a8a

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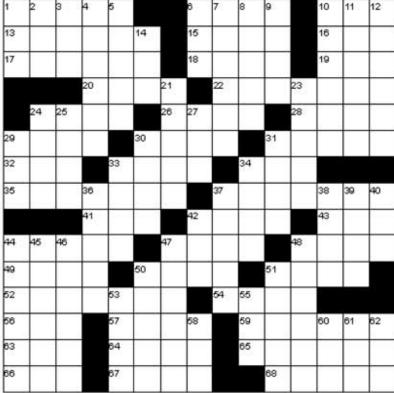
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ACROSS

- Nocturnal raptor calls
- 6 Famous cookies
- 10 South by west
- Wholehearted
 (2 wds.)
- 15 Fishing enticement
- 16 Before (prefix)
- 17 Snake-haired woman
- 18 Former currency of Guinea
- 19 One fishing tool
- 20 Vessel
- 22 Little guys, big impact
- 24 Cafe
- 26 Still in bed
- 28 Wager
- 29 Kismet
- 30 Remove this from boat bottom?
- 31 Inched forward
- 32 Sea eagle
- 33 Those people
- 34 Lanka
- 35 Want a change? Wait a minute
- 37 Meager
- 41 Succor
- 42 Heroic tale
- 43 Self
- 44 Win lottery? No ____ needed.
- 47 Minnesota (abbr.)
- 48 Not much this' winter

SITKA SPRING



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- 49 Mean giant?
- 50 Boat's work area
- 51 Caps
- 52 Erased
- 54 Among
- 50 1/110
- 56 Vast
- 57 Ruler
- 59 Paternal kinsman
- 63 Brain waves
- 64 Persistent
 - head bugs
 - 65 Gum eater
 - 66 Sober
 - 67 Posttraumatic stress disorder
 - 68 Mary _ Moore
 - DOWN

- radio
- 2 Spamish cheer
- 3 Hoary
- 4 Dishevel someone's hair
- 5 Little Tokyo staple
- 6 Abdominal musles (abbr.)
- 7 Malicious injury

- 8 Greased
- 9 Mix
- 10 ____ cleaning
- 11 Emily or Charlotte
- 12 Lodged
- 14 Thai
- 21 Pacemaker
- 23 Radiuses
- 24 Challenge
- 25 Bunsen burner
- 27 ___ boat
- 29 Hardly any
- 30 Slough
- 31 Writer Bombeck
- 33 Not that
- 4 ___ up for kindergarten
- 36 Occupied
- 37 Sri
- 38 Incline
- 39 Id's counterparts
- 40 _ Jones
- Industrial average
- 42 Attack
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- 45 More unattractive
- 46 Mountainous
- 47 Paramedics
- 48 Former Channel Club proprietor
- 50 Dismiss
- 51 Let there be\ more of this
- 53 Roe-on-
- 55 IBM Competitor
- 58 Scarlet
- 60 Punching tool
- 61 Ball holder
- 62 Goof

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Wanted

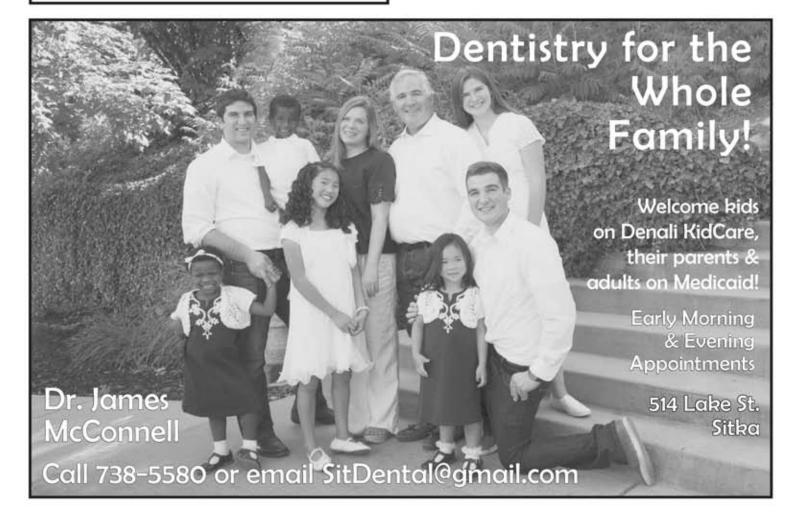
Historic Preservation STA seat, Local Emergency Planning Commission, Parks and Recreation Committee, and Tree and Landscape Committee. Interested persons may submit a letter of interest and board application to the Municipal Clerk's Office. Applications

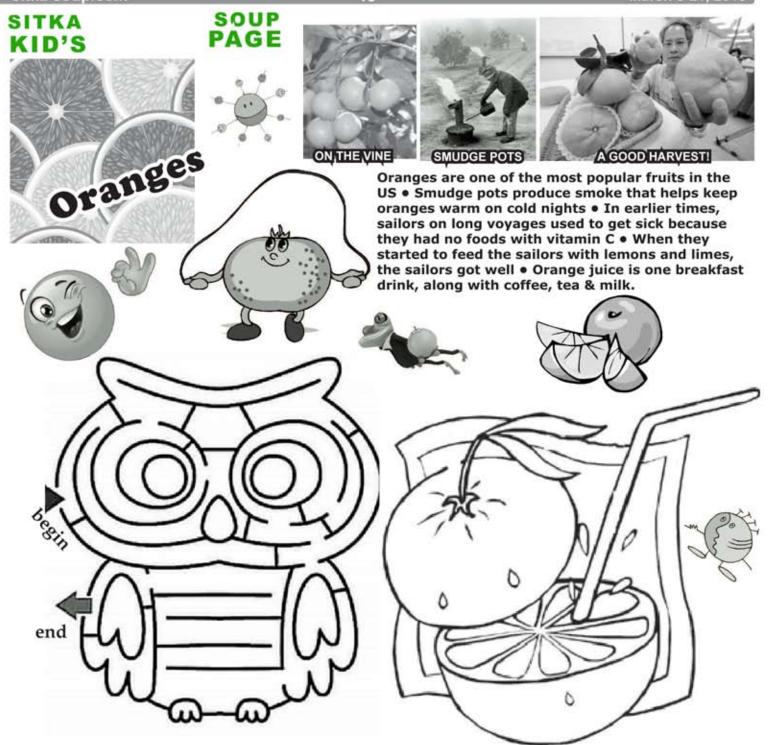
are available online at www.cityofsitka.com or at the Municipal Clerk's Office, Room 301, 100 Lincoln Street. For specific information please call Melissa Henshaw at 747-182 Ad#4685a8b

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The Deadline for Classifieds for the March 22 issue is Noon Thurs. March 15.

The Soupster is on Page 12





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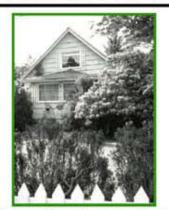
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Lot 8, SOLD!

Lot 9, 8,479 SF, \$138,000

*Lot 10, 8,726 SF, \$120,000

Lot 11, 9,403 SF, S145,000

*Please note the parking lot area in Lot 10 is excluded from the square footage on this lot and is not available for purchase.





Listed by Jenn Peterson: 907-738-1144; jennifer@livingsitka.com